

UNLV DANCE

Pilates Training Certificate

Department of Dance
Catalogue Year: 2024-2025

Name:

Student ID:

Date:

Department of Dance Required Courses (15 credits)

Course	Pre-Reqs	Credit	Rotation	Enrolled	Grade	Transfer
DAN 108 Pilates I or PEX 161 Pilates*		1	F S Sum			
DAN 110 Dance for Flexibility and Tone		1	F S Sum			
DAN 208 Pilates II	DAN 108	1	F S			
DAN 308 Pilates III	DAN 208	2	F S			
DAN 351 Dance Kinesiology	ENG 102	3	F S Sum			
DAN 451 Prevention and Care of Dance Injury	DAN 351	3	F S Sum			
BIOL 189 Fundamentals of Life Science		4	F S Sum			

*PEX 161 is an option for non-dance majors only.